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KERRI WALSH JENNINGS SHARES TRAINING TIPS. PAGE 16



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BOSTON Wednesday, August 21, 2013 www.metro.us | t: MetroBOS | f: MetroBoston

Drug cases impacted by scandal rise to 40,000

Growing. A special attorney says thousands more drug defendants have been potentially impacted by alleged rogue state chemist Annie Dookhan. **Long process.** The investigation took 11 months and included a "file-by-file" review of cases. PAGE 04

**Police seek
robber who
runs on
Dunkin'**

PAGE 06

**We've got
Stockholm
syndrome for
new Ikea line**

PAGE 11

**Timberlake
is bringing
'NSync back?
Ummm, why?**

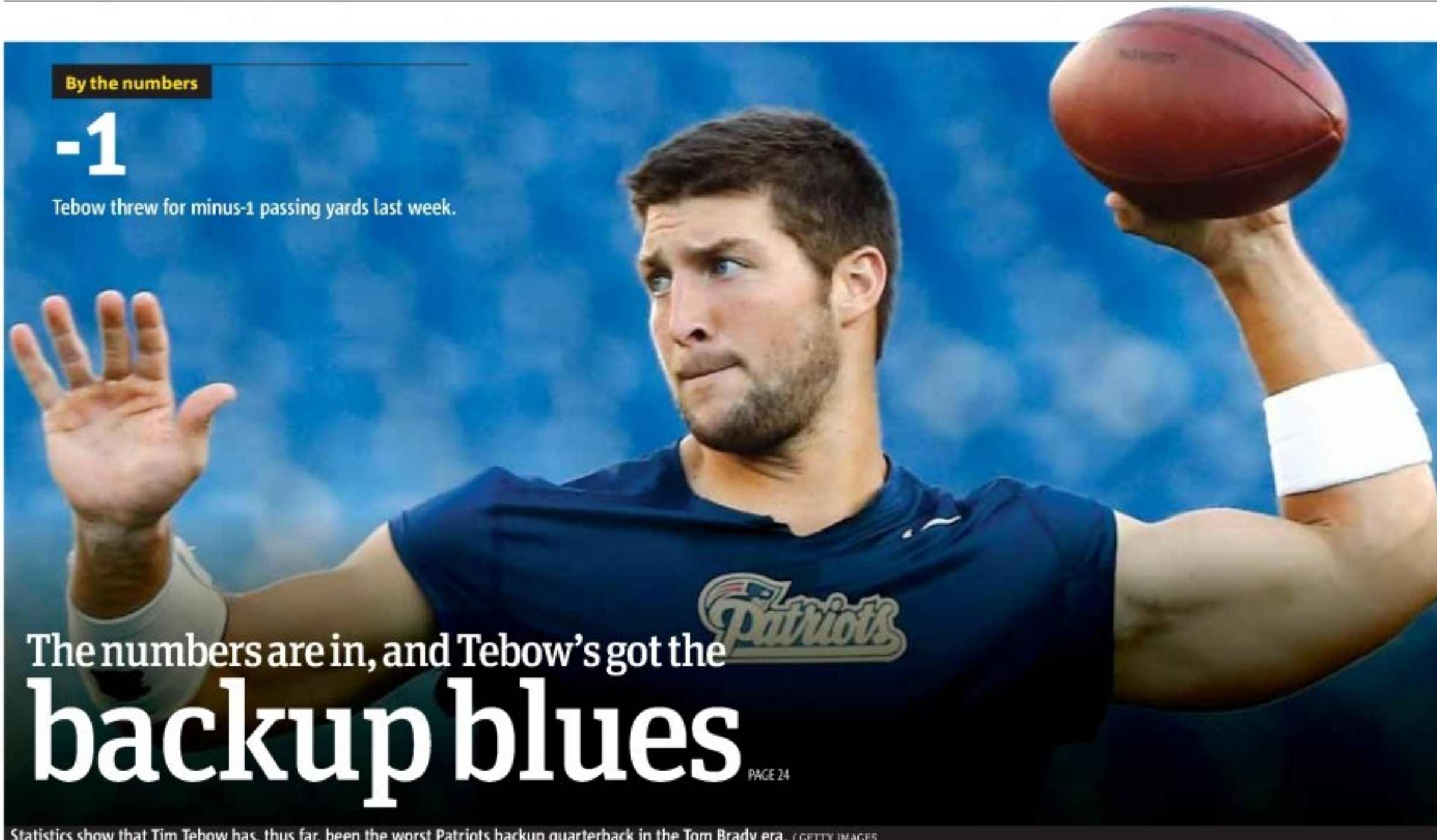
PAGE 08



By the numbers

-1

Tebow threw for minus-1 passing yards last week.



The numbers are in, and Tebow's got the
backup blues PAGE 24

Statistics show that Tim Tebow has, thus far, been the worst Patriots backup quarterback in the Tom Brady era. / GETTY IMAGES

1 NEWS



Top 3

What's trending online at Metro.us

1 'VIDEO: SI swimsuit model Chrissy Teigen gets Skittles shower'

2 'PHOTOS: Carlos Arredondo gets a new truck'

3 'VIDEO: Obama family welcomes new puppy'

Today's tweet

"seeing that the city is painting parking space lines outside the post office in #southie gives me the joy, joy, joy down in my heart."

@madebyjane, on the little things that can bring happiness



Boston Marathon hero Carlos Arredondo, accompanied by his wife Melida, checks out his new truck from Herb Chambers yesterday. / NICOLAUS CZARNECKI, METRO

Marathon hero gets to keep on truckin'

Trucked up. The Marathon bombing hero gets to drive off into the sunset.

A small crowd gathered under sunny skies yesterday morning at Herb Chambers Lexus in Sharon to watch a local hero get a big gift.

Wearing a blue and yellow "Boston Strong" T-shirt and his signature cowboy hat, Carlos Arredondo smiled and hugged his supporters before shaking Chambers' hand and hopping into a shiny red Toyota Tacoma.

"No one asked for this terrible situation [the Boston Marathon bombing] to happen, but I think the good in people — we can see it," said Arredondo.

"Since it happened, there have been so many events taking care of the survivors. I've been going to pretty much all of it, and I've been seeing the kindness of the human beings, and for me to be here now is wonderful."

Arredondo has been hailed a hero since April 15, when he was photographed helping to save the life of Boston Marathon bombing victim Jeff Bauman after two bombs tore through the race's Boylston Street finish line. Arredondo has since reunited with Bauman, now a double amputee.

The gift came on the heels of a fundraiser that fell short of raising enough money to buy Arredondo a new truck to replace his worn-out 2002 pickup. Chambers said the gift is his way of thanking Arredondo for

Quoted

"Boston loves you, and I think that this country loves you. You did something that I could absolutely never do. I would never have that kind of courage, and I respect you so much for it."

Chambers

his bravery and heroism.

"I was there that day. ... To see you do what you did truly rocked me. You've got courage like no one I've ever seen. To give you one of our trucks makes me very proud," he said. "You ran right into harm's way. A lot of people would have run in the opposite direction. I admire and respect what you did."

Elizabeth Dias, of Taunton, was one of many supporters to show up at the dealership in a "Boston Strong" T-shirt.

"He deserves it. After everything he's been through and everything he's done ... people always look up to actors, singers and athletes, but he is a real hero," said Dias, who met Arredondo as he cheered her on at the One Run national relay.

"I wanted to be here for him today, because he's been there for us," she said.



MORGAN ROUSSEAU
morgan.rousseau@metro.us



This was the second year the event has taken place. / NICOLAUS CZARNECKI, METRO

Heading back to school. Thousands of students get donated supplies

More than 4,000 Boston-area students received donated backpacks and school supplies yesterday at the second annual TD Garden Back to School celebration.

During the event, Boston Mayor Thomas Menino im-

ploded children to take their education seriously: "I'm just asking all of you kids to trust in your teachers, talk to your parents and make the right decisions. These are the most important years of your life."

MORGAN ROUSSEAU

Violent past



Remy / WENDY MAEDA, POOL PHOTO

Report: Jared Remy threatened murder 12 years ago

Accused killer Jared Remy threatened to kill a former girlfriend when she denied him an unsupervised visit with their child 12 years ago, according to a report by the Boston Herald. The threat resulted in a restraining order against Remy in 2001.

Remy allegedly stabbed girlfriend Jennifer Martel to death at their Waltham home on Aug. 15.

METRO

Contract killing

Trial to start in murder-for-hire case

The trial of a 74-year-old Dorchester man who allegedly recruited his cellmate to murder the prosecutor who put him away for drunken driving will begin this week.

Pernell Powell was charged two years ago with trying to hire his former cellmate to kill an unnamed Worcester state prosecutor for \$4,000.

METRO

Pervy pictures

Custodian snaps lewd photos of girl

A Foxboro man is accused of taking lewd photos of an 11-year-old girl at the Southeast Asian Water Festival in Lowell over the weekend. Thomas Frederick Withers, who has worked as a custodian at Norton High School for 30 years, allegedly took "up-the-skirt" photos of an 11-year-old girl. METRO

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Online crime

DA: Man solicited naked photos from young girls online

A 41-year-old former Hyde Park man was ordered to stay away from children under 16 after he allegedly solicited nude pictures from young girls online and by text message.

Geraldo Desouza pleaded



Desouza / SUFFOLK DA

not guilty yesterday to multiple charges including aggravated rape of a child and posing or exhibiting a child in a state of nudity. He was ordered held on \$75,000 bail and to stay away from his victims and anyone under 16 years old.

State police tracked photos of child pornography on a sharing system to Desouza's computer, which led

them to obtain a search warrant, according to the Suffolk district attorney's office.

Authorities said that Desouza befriended girls as young as 11 and collected nude images of them. One girl he allegedly took to Copley Place and the zoo before engaging in sexual conduct with her while she was under 16 years old.

MICHAEL NAUGHTON

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Dookhan, the former chemist at the center of the state drug-testing scandal, pleaded not guilty in December to charges including perjury and tampering with evidence. / STEVEN SENNE, POOL

State drug lab crisis is expanding

Evidence scandal.

Thousands more drug defendants have been potentially affected.

The number of drug offenders whose cases involved alleged rogue state chemist Annie Dookhan has increased.

David Meier, the special attorney appointed to identify the offenders whose cases were potentially compromised, said yesterday he submitted a final report to Gov. Deval Patrick.

Meier also said that the number of people whose drug samples involved Dookhan rose from an original estimate of about 37,000.

"As of today, there are about 40,000 names of individuals whose drug samples were associated with chemist Annie Dookhan in some way," Meier said.

Authorities have accused Dookhan of mishandling drug samples during her time work-

ing as a chemist at the state's Hinton Laboratory in Jamaica Plain. The alleged mishandling of evidence called into question the convictions of some people who faced drug charges. The release of some of those inmates was then sought while the cases were sorted out and drug samples were confirmed.

Meier said his group worked for about 11 months and conducted a "file-by-file" review of cases that were potentially compromised by Dookhan between 2003 and when the lab was closed.

Meier, a former prosecutor in Middlesex and Suffolk counties, was appointed by Patrick in September to lead the review of thousands of drug samples potentially tainted by Dookhan.

Patrick ordered the shutdown of the state lab in Jamaica Plain last August after the scope of Dookhan's alleged mishandling was determined.



MICHAEL NAUGHTON

michael.naughton@metro.us

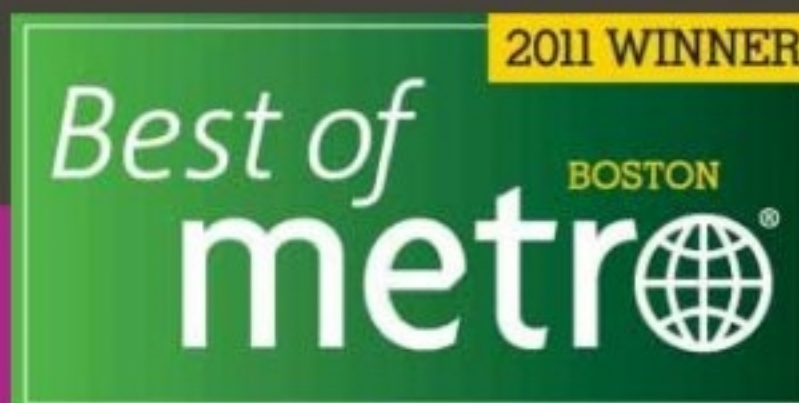
Dookhan's charges

Dookhan was arrested in September and was charged in various counties. She was charged by the attorney general's office with obstruction of justice and falsely pretending to hold a degree.

her résumé, she allegedly claimed that she held a master's degree from UMass Boston.

• When Dookhan submitted

• Dookhan has pleaded not guilty. Her trial is scheduled for January.



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Knife attack

Cops seek Jamaica Plain stabbing suspect

Boston police are asking for the public's help identifying a man who stabbed another man in Jamaica Plain Monday night and then chased after the victim.

Police yesterday released surveillance video of part of the incident.

Officers were called just before 9:30 p.m. to the area of 9 Plant Court, where they found the victim suffering from a stab wound.

Investigators believe

the incident occurred near 200 Heath St. and that the suspect chased the victim for a few blocks before turning around. Nearby surveillance cameras caught the suspect chasing the victim.

The victim was taken to Brigham and Women's Hospital with injuries that were not life-threatening.

Police described the suspect as a white man, about 6 feet tall and 200 pounds. He was wearing a blue shirt, black baseball cap with a white emblem on the front, black sneakers and denim shorts.

MICHAEL NAUGHTON

Technology cost

Murray has reservations about tech tax

Former Lt. Gov. Timothy Murray, now the leader of Worcester Chamber of Commerce, yesterday said the state should take a second look at the new software upgrade tax, and that the Legislature or Patrick administration will help clarify what businesses are subject to it. He said he has scheduled a meeting to discuss the chamber's stance on the tax. **SHNS**

This armed robber runs on Dunkin'

Robbery spree. Police in several communities are looking for a man who has been holding up Dunkin' Donuts establishments.

Police in several communities in and around Boston believe the same man is responsible for robbing about a dozen Dunkin' Donuts shops in recent months.

Authorities said they believe the same man is responsible for robbing at least 11 different Dunkin' Donuts, including stores in Boston, Canton, Norwood, North Attleboro and Raynham.

Canton-based Dunkin' Donuts is offering a \$2,500 reward for information that leads to the prosecution of the suspect, Canton police said.



The suspected robber is shown here during a Norwood Dunkin' Donuts holdup on Aug. 8. / NORWOOD POLICE

One of the most recent robberies took place in Raynham. Police said that they are investigating whether the robbery of a Dunkin' Donuts there is connected to the string of holdups.

Police there said that at about 8:30 p.m. on Aug. 14, a man with a black handgun entered the shop through the

drive-through window, took the money out of the cash register and ordered employees to get on the ground. The man wore a black mask covering his face. Anyone with information can call 781-828-1212.



MICHAEL NAUGHTON
michael.naughton@metro.us

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White House says US has not cut off aid to Egypt

Options. While under review, the aid has continued, White House spokesman Josh Earnest said.

Media reports that suggest the United States has cut off aid to Egypt are not accurate, a White House spokesman said yesterday, adding that the Obama administration is still reviewing its options.

Earnest also said that Egypt's detention of Muslim Brotherhood leader Mohamed Badie was not in line with the standard that the United States would hope to uphold in protecting basic human rights.

Earlier yesterday, Egypt's army-backed authorities detained the 70-year-old Badie, the Brotherhood's gen-



Trucks and armored personnel carriers filled with Egyptian riot police are parked in the main street leading to Egypt's landmark Tahrir square yesterday in Cairo, Egypt. / GETTY IMAGES

Quoted

"That review has not concluded and ... published reports to the contrary that assistance to Egypt has been cut off are not accurate."

White House spokesman Josh Earnest told reporters in a briefing.

eral guide, in the wake of the bloody suppression of rallies demanding the reinstatement of Islamist President Mohamed Morsi, who was toppled by the military last month.

Earnest's comments on U.S. assistance follow media reports, citing a U.S. senator, that the United States had quietly decided to temporarily suspend most military aid to Egypt following the military takeover. **REUTERS**

Senator. Cruz may wait eight months to stop being Canadian

Sen. Ted Cruz, who recently discovered that he is likely a Canadian, must win security clearance from Canada's spy agency, fill in a four-page form and then wait up to eight months to sever his ties to America's northern neighbor.

Cruz, a Texas Republican who has fueled speculation that he may run for president in 2016, was born in Canada, which would in virtually all

cases automatically entitle him to citizenship. On Monday he offered to renounce that citizenship in the event that he has it.

"Nothing against Canada, but I'm an American by birth and as a U.S. senator, I believe I should be only an American," Cruz said in a statement.

Cruz would be in rare company if he goes ahead, as efforts to give up Canadian citizenship are rare. **REUTERS**

Convicted

Army judge to sentence WikiLeaks' Manning

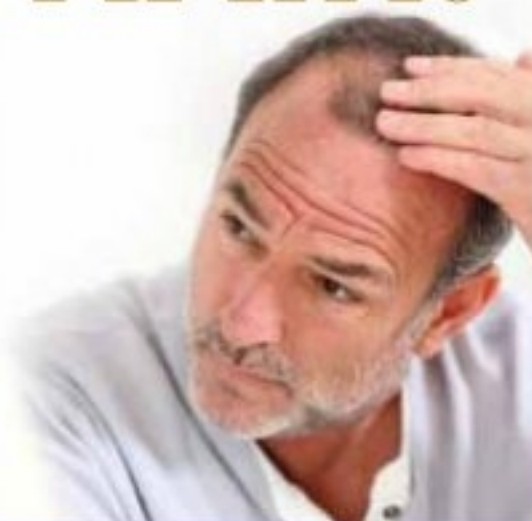
Bradley Manning, the soldier convicted of giving classified U.S. files to WikiLeaks, will be told

today how much of his life will be spent in a military prison, a U.S. Army spokesman said.

The judge, Colonel Denise Lind, began deliberating Manning's sentence yesterday and told the court that sentencing would be today. **REUTERS**

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2

CULTURE



Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Louis Tomlinson is happy to be back at work, Liam Payne is bad at keeping secrets and Harry Styles is impressed.

@Louis_Tomlinson: Great to be back with the lads today! Can't wait for the movie

@Real_Liam_Payne: I am iron man!

@Harry_Styles: Just saw a guy riding a bike and playing guitar at the same time. No hands.

Hip-hop producer Scott Storch robbed in Manhattan

Me? I usually only wear my \$50,000 diamond necklace and \$50,000 Rolex on special occasions. But not famed music producer Scott Storch, who was quickly relieved of his high-priced baubles in an early-morning robbery outside of a recording studio in New York City yesterday.

After an all-nighter in the city, Storch, 39, and his entourage were hanging outside of Platinum Studios around 6:45 a.m. in a livery SUV, when they were approached by two armed men. The men quickly plucked the jewels from Storch and took a briefcase from a member of Storch's entourage which reportedly



SCOTT STORCH
WIREIMAGE

held \$4,000 to \$5,000 in cash.

So many fascinating points to this story, readers! What robbers are up at 6:45 a.m.? Who carries a briefcase full of cash unless you are a Russian spy from 1980? Hasn't he heard of a checkbook?

Lily Tomlin to wed

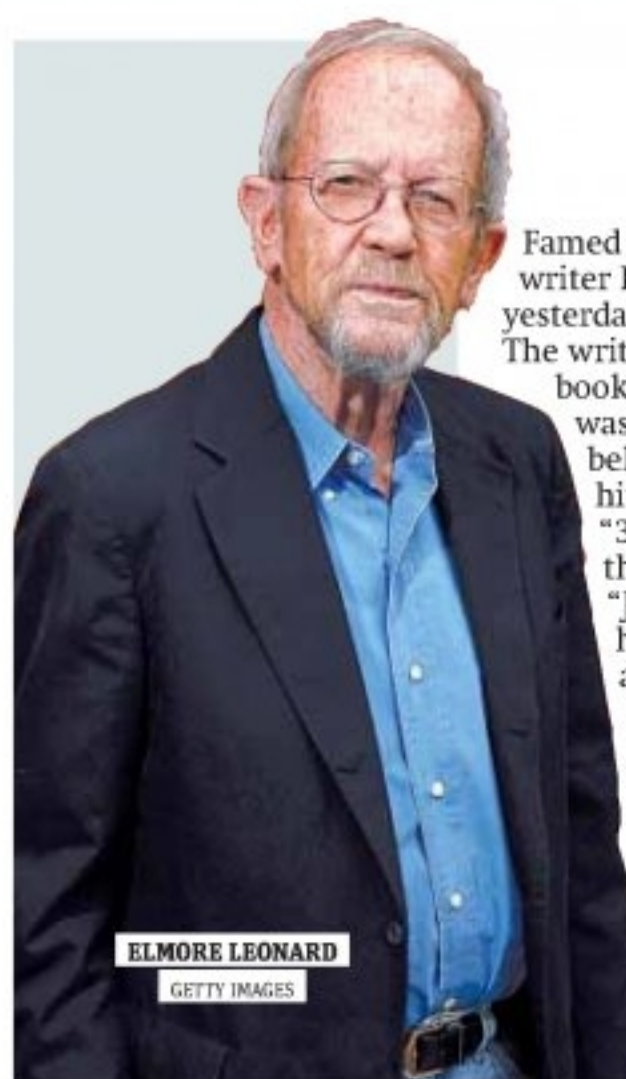
Lily Tomlin and her long-time partner, Jane Wagner, may finally tie the knot now that same-sex marriage has returned to California, she told the crowd at a pre-Emmys reception in Los Angeles this week.

"Jane and I have been together for 42 years. We're thinking maybe we'll get married," Tomlin said. "You don't really need to get married, but marriage is awfully nice." But don't expect the celebrated comedienne to don a traditional white



LILY TOMLIN
WIREIMAGE

gown. "No rings, no bridal dresses," she said. "Maybe we'll be dressed like chickens."



ELMORE LEONARD
GETTY IMAGES

Authors mourn Elmore Leonard

Famed writer and screenwriter Elmore Leonard died yesterday at the age of 87. The writer had 45 published books under his belt and was the mastermind behind such Hollywood hits as "Get Shorty," "3:10 to Yuma" and the television show "Justified." He died at his home in Detroit after complications from a stroke. Authors reacted to the news on Twitter, including Anne Rice who wrote, "Few writers have given me so much uncomplicated, unpretentious pleasure for so long."

He'll be missed, greatly" to Ian Rankin, who quipped, "Elmore Leonard died? Sad news. What a great writer. Gave me a few tips once. I ignored most of them..." And Dennis Lehane wrote this note on his Facebook page: "One of the biggest influences on my own work, if not the biggest. When it came to writing dialogue, he sat on the mountaintop while the rest of us wandered in the valley. He's truly irreplaceable. The world is poorer for his leaving it."

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyaimetro
dorothy.robinson@metro.us



Talking points



TAYLOR SWIFT
GETTY IMAGES

Swift makes joke on jar of jam

Ed Sheeran shared a photo of a jar of jam Taylor Swift had given him with a handwritten note on the label. "Yo Ed, I'm really happy for you and I'm gonna let you finish but this is the best jam of all time," she wrote, in a nod to Kanye West's antics

at the 2009 "MTV Video Music Awards."

A reunion in the works for Pattinson and Stewart?

"Twilight" fans take heart: There may still be hope for exes Robert Pattinson and Kristen Stewart, as the pair reportedly met up at Stewart's house earlier this month for "a very intense conversation," according to Us Weekly. "They will probably pick up where they left off. Rob's obsessed with her," a source says. "She's still heartbroken. She can't seem to get over him." The "Twilight" co-stars officially split in May.

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REALITY

'Here Comes Honey Boo Boo'

Tonight, Mama June is overwhelmed by wedding plans. We feel for her — deciding between opossum and raccoon for the main course at the reception is a big decision.

8:30 P.M., TLC

REALITY

'Couples Therapy'

In the third-season finale, Joe Francis (aka the pervert extraordinaire behind the "Girls Gone Wild" empire) and his long-term conquest — er, girlfriend — leave the house. Parting is such sweet sorrow.

SEASON FINALE, 10 P.M., VH1
ALEXANDRA CAVALLIO



The horses are the stars of this show. / FRANÇOIS BERGERON

A 'cirque' of a different color

Review. In Cavalia's "Odysseo," equine performers outshine their human co-stars.

It's hard not to get caught up in the spectacle that is the grand finale of Cavalia's "Odysseo." As the cavernous performance space — the largest big top in the world — is almost instantly flooded with water, 63 stunning horses and 47 supremely talented human performance artists splash about the ring in an incredible display of equestrian and theatrical artistry.

The theatrics leading up to this big finish, unfortunately, aren't all as awe-inspiring.

Created by Normand Latourelle, one of the original founders of Cirque du Soleil, "Odysseo" professes to be "an ode to horse and man." But this show is clearly a love story that favors its equine stars.

The massive white tent boasts a "stage" equal in size to two football fields. When

If you go

Cavalia's 'Odysseo'

Through August 25
Under the White Big Top
201 Assembly Square
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www.cavalia.net

the horses, often free of rein or bridle, are galloping to and fro, it's nearly breathtaking. When the horses cede the spotlight to their co-performers, however, the human talent (with the exception of the aerial performers) appears a bit dwarfed by their grandiose surroundings.

Though the look, feel and sound of the production are all quite "Cirque"-esque, there is a distinct lack of death-defying feats by either gymnasts or trapeze artists. Impressive tricks include acrobats that traverse the space in a series of endless back flips at near light speed and several men that leap about,

almost pogo stick-like, on urban stilts — but the routines swiftly become familiar, as their repertoire is limited.

At times throughout the show, both horses and riders seem to be repeating their paces. One particular bit feels like the equestrian version of the Westminster Kennel Club dog show. Led by a human handler, the horses walk in a circle in one direction while people applaud. They change directions upon prompting and people applaud again and again. It must be noted that, while the routines can feel rote, the audience is primed to be impressed.

And, yes, the trick riding is exciting to watch and a rotating carousel — which features stellar aerial acrobatics — is one of the show's finest moments. But if you go to the Somerville Big Top looking for more of that kind of magic, you might be disappointed.

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HOME

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The debut of Ikea's coveted Stockholm collection



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Decor. The retailer's new upscale line is full of chic mid-century modern-inspired design.

Mid-century modern lovers, get excited. This month, Ikea introduced its hotly anticipated 2013 Stockholm collection, inspired by the stylish '50s and '60s.

The sophisticated premium line, which first launched in 1984, consists of high-quality materials such as leather, full-grain wood and bone china, and is still available in the price-points we love the brand for.

Despite its upscale, more grown-up feel, the Stockholm collection incorporates some of our favorite trends such as sexy walnut wood furnishings and bright, eye-catching colors (organic color schemes like the Kelly green and citrus yellow are a nod to nature — part of the line's design focus).

KARL LOHNES
letters@metro.us

Standouts

Look for this special (and very well-priced) line in Ikea's fall catalogue (which should have been delivered to your mail boxes last week) or in your local store. Here's a look at a few of our favorites:

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2 Rug Multi colors mean no one will spot that juice stain.

3 Chair Who says pillows are the only way to bring in color?

4 Vase Colorful blown glass makes even bodega carnations look grand.

5 Living room Brighten things up with pops of yellow and green.

6 Mirror Illusions of depth give you varied perspective when looking through the angled walnut frame.

7 Dining room Walnut wood is the "next big wood" in decor.

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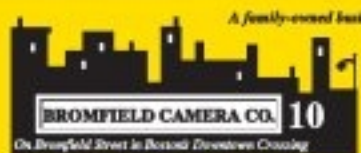
Single
in the city

Ah, the plight of the educated, self-sufficient single girl; she's successful, she's upwardly mobile and yet she just can't seem to meet anyone. Perhaps her city is to blame?

Online real estate brokerage Redfin has compiled a list of the top 25 cities for educated single women — and the results might surprise you. At No. 1 is Arlington, Va., a small city just outside of Washington, D.C.

Alexandria, Va., comes in at No. 2. Rounding out the top five are Cambridge, Mass., D.C. and San Francisco.

Visit blog.redfin.com to see how your favorite cities measure up.



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A Hidden Law Benefits Tenants under a Lease

By Attorney George Warshaw

It's not unusual for a landlord to put in a lease a right to make the tenant pay the landlord's attorney fees and expenses if the tenant defaults or gets evicted. After all, if the tenant doesn't uphold his or her obligations and it costs the landlord money, why shouldn't the tenant pay it?

But what happens if the tenant is the good guy and the landlord is at fault? Can the tenant make the landlord pay the tenant's lawyer?

Some years ago the Legislature decided to neutralize the landlord's leverage and passed an interesting law (Mass. Laws chapter 186, section 20).

The law states that if a lease allows the landlord to collect attorney's fees and expenses from the tenant "as the result of the failure of the tenant to perform any covenant or agreement contained in such lease," then the same will be true if the tenant successfully defends an eviction action or if the landlord fails to perform his or her obligations under the lease. In that case the landlord will have to pay the tenant's attorney's fees reasonably incurred.

So if you are a landlord be careful what you ask for, you might not like the end result. If you are a tenant, be aware of your additional rights.

© 2013 George Warshaw.



George Warshaw is a well-known attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions. Contact him at metro@warshawlaw.com.

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To request an application to be sent to you, please call 617-442-8472 during the application period September 3-20.

Deadline for completed applications at the above address:

In person by 5:00pm on or postmarked by Friday, September 27, 2013.

Selection by lottery. Use and occupancy restrictions apply.

*At least one member of the household must be 62 years or older at time of occupancy

5 units are restricted to CBH-Eligible households, of which 2 will have preference for wheelchair accessible units

3 units have preference for homeless households referred by Homestart Inc., or other agencies serving the homeless. Preference for Boston Residents and households working in Boston for up to 70% of the units.

An informational session will be held on September 9, 2013 at 4pm. This meeting will be held at the Community Room at Castle Square Apartments, located at: 484 Tremont St. South End, Boston, MA 02116.

Community Room is located behind the management office adjacent to the parking lot

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While a swanky, full-service downtown condo is beyond many 99 percenters' budgets, the price tag on one home at the Residences at W Boston can't be beat — because it's free.

Located on the 24th floor of the W tower, the one-bedroom apartment is this year's HGTV Urban Oasis prize. Not only is the custom-designed apartment free (studio apartments at the W start at \$450,000 and penthouses go for as much as \$4,500,000), but all of its amenities are included.

"Every single thing that you see is included in the prize," says Urban Oasis 2013 interior designer Lindsay Pumpa.

"It will look exactly like they see on TV," confirms her partner in this project, HGTV house planner Jack Thomasson.

Over two months this past spring, the duo redesigned the empty space to streamline it both visually and for livability. The small kitchen island, for example, was extended to create a multi-functional area that doubles as an elegant dining table. The final week of the project was spent adding fittings and furnishings from local purveyors, including the kitchen's antique cupboard handles, which

are from an old butler's pantry.

The apartment's artwork includes custom photos of iconic Boston architecture, but the most breathtaking pieces of art are arguably the views of the Public Garden and Boston Common — including the glittering State House roof. Subtle gold accents around the apartment echo the dome's grandeur.

"I pulled a lot of the coloring from the city. That gold you see through the window, the browns and red brick," says Pumpa. "We wanted it to feel like a Boston home, but have as broad an appeal as possible," adds Thomasson.

LINDA CLARKE
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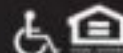
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You can spare five minutes away from the chair. / ADAM JOHN PASS

This week's tip comes to us from Jorden Gold, founder of Stretch Zone, Inc. (www.stretchzone.com).

The anti-chair stretch

Most of us spend over half our waking life sitting — behind desks, commuting or in front of the TV — causing muscle imbalances to occur. All of this time sitting is why our hip flexors are among the most common muscle imbalances and causes of back pain. Contracted and tight hip flexors pull the lower back and pelvis forward, a common cause of lower back pain.

Getting out of your chair and performing this stretch can help.

Kneeling lunge hip flexors stretch

Set-up: From a kneeling position, begin with weight on the knee of the leg to be stretched. Place a strap around the foot and hold the ends with same-side arm over your shoulder.

Action: Sitting up straight on your knees, shift forward while flexing the knee back, pulling the heel toward the buttocks, gently assisting with the strap. Stretch it gently and quickly, holding the stretch for no more than two seconds. Repeat each stretch in continuous rhythm for three to six repetitions per side. Exhale through the stretch.

On the sand with Kerri Walsh Jennings

Fitness. The volleyball pro bounces back from baby with a hot bod and a fierce attitude.

When Kerri Walsh Jennings was spiking and diving her way to a record third gold medal at the 2012 Summer Olympics, she had her long-time teammate Misty May-Treanor by her side. Little did we know there was a third teammate hustling around the sand at London's Horse Guards Parade.

In September, Walsh Jennings, 35, told Matt Lauer in a "Today" show interview that she was pregnant with her third child, Scout, while defending her gold in London. After giving birth in April, the athlete already has her finely toned beach body back on the sand and claims she's in top form.

"I feel a lot stronger than I ever have after my baby this time," Walsh Jennings says. "Every pregnancy is different. This pregnancy I focused a lot on strength training. I lifted a lot of weights, and I wanted to come back strong with a strong foundation."

The life of an Olympian is one of sacrifice. To prepare for the latest AVP beach volleyball tour, which will make an East Coast tour stop in Atlantic City Sept. 6-8, Walsh Jennings starts her workouts with two to three hours of team volleyball. From there, she does an hour and a half



Walsh Jennings was pregnant during London 2012. / NBC/NBCU PHOTO BANK

of individual volleyball and then a beach workout that includes sprints and strengthening her core. Part of her grueling training regimen is Olympic lifting, which she sweats through up to five times a week.

Through all the preparation to come back stronger than ever, Walsh has dealt with the challenges of raising a third child and the retirement of May-Treanor, ending the most dominant duo in

American volleyball history. Still, Walsh Jennings is poised to return to the Olympics in 2016.

"In life it's really important to set goals and know where you want to go, and I definitely know where I want to go," she says. "I want to win gold in Rio. That's the plan."

CHRIS LONGO
letters@metro.us

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Bump it

Her fitness tips

Play around: "The best way to get in shape is to play in games — volleyball, basketball, whatever. That's a great way to shape your body."

Start strong: "I think foundation is really

important. To have that foundation of strength, it helps with your metabolism, it helps you feel better in a bikini. I wish everyone had the opportunity to do Pilates. I just believe in it so much. It makes you stronger than you ever knew possible, because it works on things."

Watch her live

See Kerri Walsh Jennings hold down the court Sept. 6-8 on the Atlantic City Boardwalk between Revel Casino and Showboat Casino. General admission is free and non-ticketed. For more information visit www.avp.com.



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Dental Imaging Can Benefit More than Your Teeth

By Dr. Aruna Ramesh

Many people visit a dentist more often than a physician. Dentists are key members of the health care team and promote overall health as well as oral health. Using a variety of diagnostic techniques, dentists can play a key role in the early detection of systemic health conditions. In particular, dentists can take advantage of a range of diagnostic imaging tools, including traditional dental x-rays, Panoramic (broader view) x-rays, Computed Tomography (CT) scans and Cone Beam CT scans, a recent technological advancement in dental imaging.

Dental x-rays provide diagnostic information critical to improving and maintaining oral health. **Traditional x-rays** help dentists detect cavities, bone loss, impacted teeth and benign or malignant masses.

Panoramic x-rays, which show a broader field of view, allow dentists to see not only teeth, but also the surrounding jaw bones, temporomandibular (jaw) joints, maxillary sinuses (the sinuses in the upper jaw) and portions of the spine. They help dentists detect the presence of unerupted or impacted teeth (teeth that have not pushed through the gum) so that they can be extracted before any painful and harmful symptoms begin. Panoramic x-rays also can reveal anatomic variations and even cysts or tumors in the jaw that may be associated with impacted teeth, developmental abnormalities or evidence of systemic illnesses.

Systemic conditions that can affect bones also impact jaw bones and can be seen in dental x-rays. An example of a prevalent systemic disease that may be detected in dental panoramic x-rays is Osteoporosis. Affecting 55% of Americans over the age of 50, Osteoporosis often is not detected until a fracture occurs. Fractures, especially hip fractures, are common and can have serious consequences. Unfortunately, the total number of hip fractures is increasing worldwide and is estimated to reach 6.3 million in 2050. Early detection by dentists and quick referral to appropriate medical practitioners can help prevent debilitating consequences.

Cone Beam CT scans are similar to the CT scans that are typically performed at medical centers. Cone Beam CT scans make it possible to visualize teeth, bones in the face and head, and the relationships of these structures in three-dimensions. Like typical medical CT scans, Cone Beam CT scans provide extremely high resolutions that can show anatomy less than a millimeter in size. Cone Beam CT scans involve shorter scan times, lower cost and 51-96% lower doses of radiation than typical medical CT scans. Both types of CT scans are helpful with planning dental implants, orthodontic assessments, jaw joint evaluations and assessments of conditions affecting the jaws and surrounding facial skeleton.

In general, the many benefits of dental imaging outweigh the potential risks associated with exposure to radiation. Dentists try to minimize the potential risks by customizing the prescription of diagnostic imaging to patients' individual needs. Dentists' questions regarding dental imaging may be referred to a specialist in Oral and Maxillofacial Radiology.

Dr. Aruna Ramesh, B.D.S., D.M.D., M.S. is the Division Head of Oral and Maxillofacial Radiology and Interim Assistant Chair of the Department of Diagnosis and Health Promotion at Tufts University School of Dental Medicine. A specialist in Oral and Maxillofacial Radiology, Dr. Ramesh works closely with the faculty practitioners at Tufts Dental Associates, the full-service faculty practice at Tufts Dental School. Tufts Dental Associates offers a full range of dental imaging, including traditional and Panoramic x-rays, CT scans and Cone Beam CT scans.

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"Saints Row IV" is like "Grand Theft Auto" gone really crazy. Be careful with that dubstep gun, bro! / DEEP SILVER

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'Saints Row IV'

System: PS3/360
Maker: Deep Silver

It used to be that the "Saints Row" series was the scrappy little brother to the "Grand Theft Auto" series. He had good intentions, but he just couldn't do all of the things the bigger kids could do. Now, however, the series is more like "GTA"'s moonshine-swilling, illuminati-talking crazy uncle. You can see the family resemblance, but the end result is in a whole different stratosphere.

And so it goes for "Saints Row IV," the most insane game you've maybe ever played. That's saying a lot, considering the last iteration featured sex toys as weapons. In "SRIV" you'll face off against a nuclear missile, become president and battle hordes of British(?) aliens. That's all in the first 45 minutes.

If you're new to the series, it is essentially "GTA" on steroids. There are no "sympathetic" characters. There are no attempts to faithfully

recreate geographic locations. There is just a gigantic sandbox for you to blow stuff up in. Oh, and there's also a gun that kills people with dubstep music. This game doesn't exactly take itself seriously.

Graphically, the game is fine. It looks just like the last one (which isn't bad). It's not going to win any pixel awards, but it gets the job done. The voice acting is all top notch, featuring Michael Dorn from "Star Trek: The Next Generation" and Neil Patrick Harris from, uh, everything else.

"Saints Row IV" does have a story, which borrows heavily from "The Matrix" and similar sci-fi classics. Eventually you'll find yourself in a virtual version of a familiar location, which allows for tons of new — and pretty amazing — gameplay mechanics. In short, you get super powers. This raises the crazy bar even further, giving you hours of the kind of free-form, nonsensical gameplay that typifies the best in the genre. There's also two-player co-op if you are into that sort of thing (you are).



Horoscope

♌ Leo | July 23-Aug. 22.
Get together with people who make you think in unusual ways. Make personal improvements that help you focus on and improve what you have to offer.

♍ Virgo | Aug. 23-Sept. 22.
Confusion in your emotional relationships will surface if you aren't specific about your likes and dislikes. Communication will be key.

♎ Libra | Sept. 23-Oct. 22.
Problems getting things accomplished will hamper your ability to deliver. Don't promise what you cannot provide, even if it means disappointing someone. Gauge your time wisely.

♏ Scorpio | Oct. 23-Nov. 21.
You'll have the drive to get things done, but interference may stand between you and success. Alter your living space to allow you to finish projects in the comfort of your home.

♐ Sagittarius | Nov. 22-Dec. 21.
It's a good day to engage in activities that require your talents, skills and expertise. You'll impress someone who can boost your reputation.

♑ Capricorn | Dec. 22-Jan. 20.
Take a different approach to your daily chores and you will inspire those around you to follow suit. Money will come to you from an unusual source.

♒ Aquarius | Jan. 21-Feb. 18.
Partnerships will be tense if you don't make a concerted effort to discuss your feelings openly and honestly. You cannot improve your life if you don't address what's bothering you.

♓ Pisces | Feb. 19-March 20.
Your unusual approach to financial and personal affairs will lead to all sorts of interesting and unique opportunities.

♈ Aries | March 21-April 20.
Your changing mood and unpredictable nature will cause others to question your methods. Check to make sure you are being practical.

♉ Taurus | April 21-May 21.
You are in a cycle where big decisions can be made regarding how you spend your time and whom you spend it with. A move may be necessary — don't fear it.

♊ Gemini | May 22-June 20.
Take some time to shop and pamper yourself. Enjoy the company of someone special and share your plans for the future. Romance will lead to optimism.

♋ Cancer | June 21-July 22.
Too much of anything will cause problems at home and at work. Discipline will be required to offset your desire to indulge physically, emotionally and financially. **BERNICE BEDE OSOL**

Letters

'Dreams' a nightmare for parents

Re: 'Assembly required to build a dream job' (Metro, Aug. 19) Parenting a "dreamer" is extremely exasperating. No attempt to reason with him, to have a Plan B in case the "dream" doesn't work out is even considered! After all, this is his "dream." He should pursue it and keep pursuing it. Now, there is even a book to say that, too. It's not about "obtaining whatever goal,"

but more about the "journey." How cavalier and romantic! What about his dad and I, who spent all that money on his college degree just a few short years ago and who also had their own "dreams" for him? Oh, I guess we don't count, right? Just as long as he is "pursuing something you care about." His parents, who sacrificed for him when they were young and gave up their "dreams," don't matter. A book about youth following their "dreams" cannot be complete without interviews from parents of these "dreamers." **REGINA DERISO, VIA EMAIL**

Assume innocence

Re: 'A look in the mind of Tsarnaev's fan girls' (Metro, Aug. 19) In regard to your front page headline: "Like moths to a flame" and "Hopelessly devoted," which ridiculed members of the public for their belief in free speech and the presumed innocence of defendants: There exists a long-standing history of overreach, malicious prosecution, perjury and other forms of corruption in the Boston U.S. Attorney's Office and the

local FBI. Metro obediently followed the government line by adjudging defendants guilty. Metro abused its power by mocking members of the public who disagree with the government's demagoguery vis-a-vis the Boston Marathon bombing. Such headlines are reminiscent of McCarthyism; they smack of vigilantism. Metro can do better.

SUSAN MORTIMER, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

	6			3		5	7
7		9		5	8	6	
			8				
	8	2	3	7			
9				4			6
			5	9	3	4	
				2			
	1	3	9		2		5
5	2		6			8	

9					3			
	3			7	5	8		
7		8					5	
	2	5		7				
3	9	7				8	1	2
				2		3	7	
	8					4		6
			6	8	5		9	
			1					8

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across

- 1 Win every game
- 6 Sour, as cream
- 10 Perfume holder
- 14 "— la vista!"
- 15 Downs of "20/20"
- 16 Beef-rating org.
- 17 Vow venue
- 18 ASU rival
- 19 Pounce
- 20 Money source (2 wds.)
- 22 Opal and topaz
- 23 Pitch-dark
- 24 KGB counterpart
- 26 Weighs down
- 30 Dock
- 34 Toward the future
- 35 Director Joel —
- 36 Galleon cargo
- 37 Pinch hitters
- 38 Some are raw
- 40 Lapp neighbor
- 41 Vexation
- 42 Competed for
- 43 Sun, in combos
- 44 Trinidad music

- 46 Nods off
- 48 Pale gray
- 49 Get better
- 50 Farm building
- 53 For the most part (2 wds.)
- 59 On a rampage
- 60 Staffer
- 61 Portage item
- 62 Eli's school
- 63 Eggy drinks
- 64 Dull green
- 65 Snakes do it
- 66 Proofer's word
- 67 Increased

Down

- 1 Pillow cover
- 2 Hull plank
- 3 Is, in Segovia
- 4 And others (abbr.)
- 5 Celebrated

- 6 Tosses away
- 7 Fortunate
- 8 Eye amorously
- 9 Roofs with straw
- 10 Coarse
- 11 Shrink's reply (2 wds.)
- 12 Economist — Smith
- 13 Relay parts
- 21 Rustic lodging
- 25 Na+, e.g.
- 26 Rudimentary
- 27 "Star Trek" lieutenant
- 28 Buck the system
- 29 They prosecute perps
- 30 Our sun
- 31 Slaves away
- 32 A Muppet
- 33 Banned things (hyph.)
- 35 Jerk
- 38 Suds containers
- 39 Help-wanted abbr.
- 40 Smattering
- 42 Gore, et. al
- 43 "Golly!" (2 wds.)
- 45 Pulled hard
- 46 Abhor

- 47 Squeal on
- 49 Type of mutual fund
- 50 Howls
- 51 Memsahib's nanny
- 52 Butler, to Gable

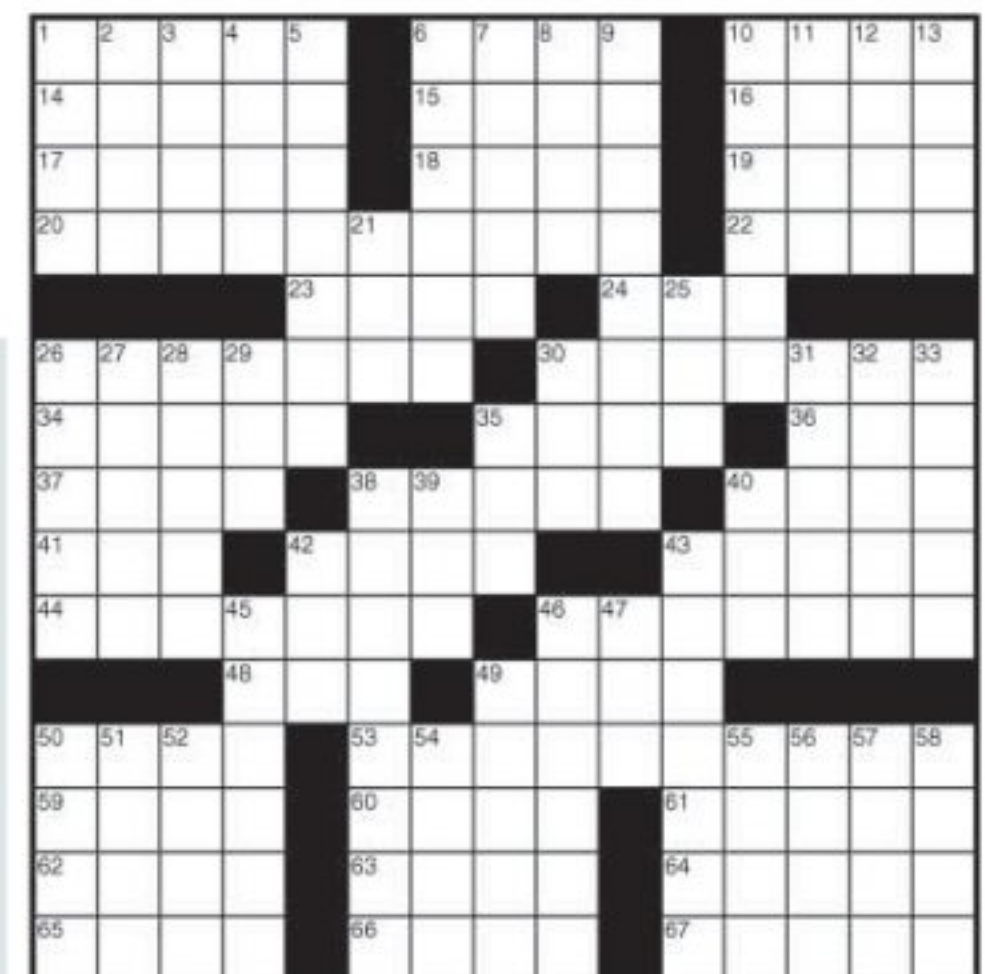
- 54 Laugh-a-minute
- 55 Actress — Powers
- 56 PC system
- 57 Quiet inlet
- 58 Pay attention

Yesterday's answer

N	O	I	R	E	M	E	W	L	S	T	S	P
O	L	S	E	N	E	G	R	E	T	R	U	E
S	L	I	N	G	D	A	Y	D	R	E	A	M
H	A	N	R	O	A	D	I	L	I	A	C	
G	H	O	U	L	D	A	V	I	N	C	I	
A	T	L	A	S	T	F	E	M	E	S		
F	O	A	L	S	Z	O	N	E	D			
A	L	S	O	B	E	G	I	N	S	A	D	A
R	E	S	H	A	R	E	M	B	A	T	I	K
L	E	R	O	Y	I	R	L	E	N	E		
A	S	P	E	C	T	S	S	T	E	E	R	
P	A	I	N	T	B	O	S	E	L	T	D	
P	R	O	T	O	Z	O	A	N	Z	A	I	R
I	A	N	R	O	S	I	N	E	E	L	E	R
A	H	S	S	E	A	L	I	D	R	E	R	



You can use your smartphone to discover today's crossword answers — right now! Download and open the Blippar app on your smartphone and hold the screen over the puzzle. It's that easy!



It's not a backpack. It's a launching pad: Help Local Kids Start the Year Right!

Founded in 2002, Cradles to Crayons (C2C) is an innovative Boston-based nonprofit that provides children from birth through age 12, living in homeless or low-income situations, with the essential items they need to thrive – at home, at school and at play. They supply these items free of charge by engaging and connecting communities that have with communities that need.

Cradles to Crayons takes donations of new or like-new children's items and packages them into customized packs for kids. Packages are distributed, free of charge, to thousands of local children in-need. With the first day of school right around the corner, their school readiness program, Ready for School, is focused on getting 30,000 local kids ready to learn from head to toe.

Ready for School

Education is a valuable tool in shaping a child's future, and not having the items needed to be successful in the classroom can have a huge impact on a child. Many low-income families are forced to choose between necessities: buying a backpack for a child to take to school or paying for rent, purchasing notebooks or buying groceries.

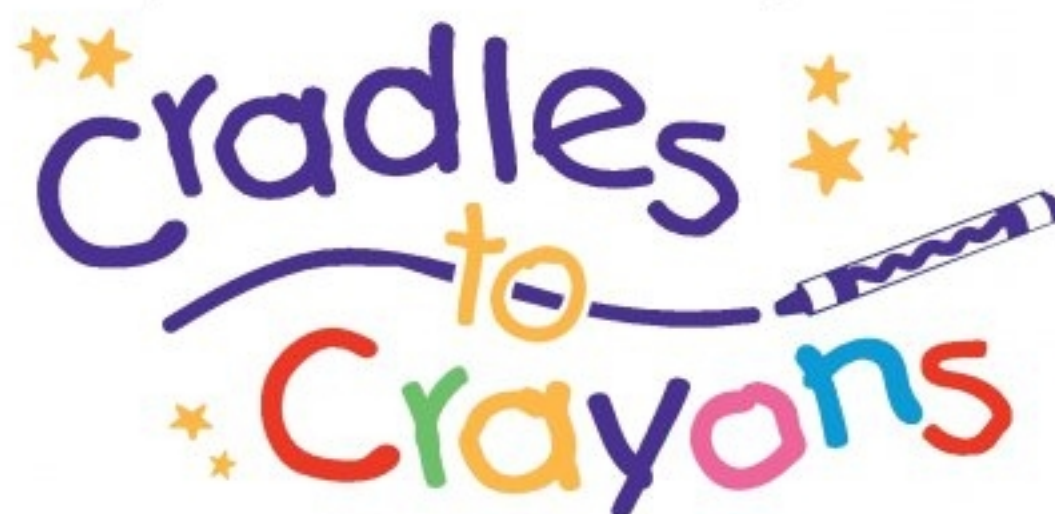
To help alleviate the effects of poverty on school readiness faced by local children,

C2C distributes customized packages filled with essentials and distributes backpacks. We create separate backpacks for two age groups 5–8 and 9–12, both of which are filled with all the new, age-appropriate, supplies a child requires for school. The backpacks are filled at C2C's annual Backpack-A-Thon event on Boston's City Hall Plaza. C2C will work with partner agencies and local schools to distribute the 30,000 backpacks filled at this year's event to

underprivileged kids before the school year begins.

One of C2C's social service partners shares the impact of receiving a backpack from C2C: "Ismael, Edward and their mom were living in a hotel while waiting for permanent housing. Though Ismael had been suffering from serious medical issues requiring frequent hospitalization, he was a happy child. Edward was an active boy and who loved school. But, it had been very difficult for them living in such a tight and unstable place. The boys were using their mom's pocketbook or plastic bags to carry their belongings. The boys felt selfconscious and were sometimes made fun of for not having backpacks. It meant so much for each boy to have their very own backpack to take to school and to and from the hospital."

By providing disadvantaged children with the items they need, C2C improves their self-esteem. Starting off the school year with a new backpack and set of supplies will help local kids fit in with their friends and feel excited about going to school and learning.



How You Can Help

Cradles to Crayons relies on three forms of support from individuals, families, and corporations:

- Host a children's product collection
- Donate children's products
- Make a financial contribution – it only takes \$15 to get a backpack into the hands of a child!

Visit us at
www.cradlestocrayons.org to learn more!



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NASA-Approved LASIK - Our all-laser, bladeless LASIK at New England Eye Center has greatly improved results and helped take the fear out of having LASIK. The vast majority of our LASIK and PRK patients now achieve 20/20 vision at distance without glasses or contact lenses. Our method of LASIK is the same type approved for NASA astronauts and military pilots.

Implantable Contact Lens - New England Eye Center is among a select group of practices in the country offering patients the benefits of the Visian Implantable Collamer Lens (ICL). Unlike LASIK, the Visian corrects vision by inserting a delicate intraocular lens-like device atop the eye's natural lens, which is why the Visian is also referred to as the 'Implantable Contact Lens.' All of the refractive surgeons at New England Eye Center are qualified and experienced in performing this brief outpatient procedure to insert the Visian ICL. Because no corneal or other tissue is removed in the Visian ICL procedure, visual recovery is extremely rapid and the ICL can potentially be replaced if the eye's focus changes over time.

Refractive Lens Exchange - If you're frustrated with reading glasses and bifocals, our refractive specialists perform a procedure known as Refractive Lens Exchange. By replacing your eye's aging natural lens with a Intraocular Lens Implant customized specifically for your visual needs – and your lifestyle – allowing you to see better, look younger and never have to worry about developing cataracts!

Laser Cataract Surgery - For seniors experiencing changes in their vision – or who have been diagnosed with a cataract – New England Eye Center is turning the dream of Laser Cataract Surgery into reality. We are currently among only the top 3% of practices in the country to offer patients the added precision and accuracy of Laser Cataract Surgery using OptiMedica® Catalys™ Precision Laser System.

This year, take your vision to the NEXT LEVEL by giving yourself or a loved one the Gift of Sight. Now that's a Gift that keeps on Giving. A blessed New Year from the surgeons and staff of New England Eye Center.

IT'S COOL TO EAT FRESH FRUITS AND VEGGIES WHEN IT'S HOT

Fresh fruits and vegetables are easy to find as the weather gets warmer. You can buy lots of different locally grown kinds at area farmers' markets or fruit and vegetable stands. You can also find a large variety of fresh fruits and vegetables in the produce section of your grocery store year round.

By eating a mixture of brightly-colored fresh fruits and vegetables, you and your family will:

- Stay cool when it gets hot, since fruits and vegetables contain a lot of water
- Get lots of the vitamins and minerals that your body needs to stay healthy
- Have more energy from replacing sugary or processed food with fresh foods

And, when you shop at local farmers' markets and fruit and vegetable stands, you'll also:

- Help your community by supporting local farmers/growers
- Create family togetherness when you shop together and discover new healthy food options
- Give your children the chance to learn more about the many kinds of fruits and vegetables that are available

By shopping at a local farmers' market or fruit and vegetable stand, you should also enjoy healthier fresh food since your produce will not have traveled as far or been handled as much as food shipped from a great distance. Plus, often local farms participating in farmers' markets will offer non-produce items such as home-made cheese, jam, and breads, and some will offer free samples for you to try. You can also often find local flowers and plants to buy to brighten your summer lunch or dinner table.

Many Farmers' Markets Accept EBT Cards (SNAP)

While you might think it costs more, sometimes fresh local food can be less expensive because farmers don't have to pay to ship food over long distances like some grocery stores do. And some Massachusetts farmers' markets accept EBT cards from those who qualify for the Supplemental Nutrition Assistance Program (SNAP). Visit www.massfarmersmarkets.org to learn more.

Our online Wellness Center in the Living Healthy section makes it easy for you to search for farmers' markets throughout Massachusetts. Visit us at ChooseBMCHP.org to find a farmers' market near you.

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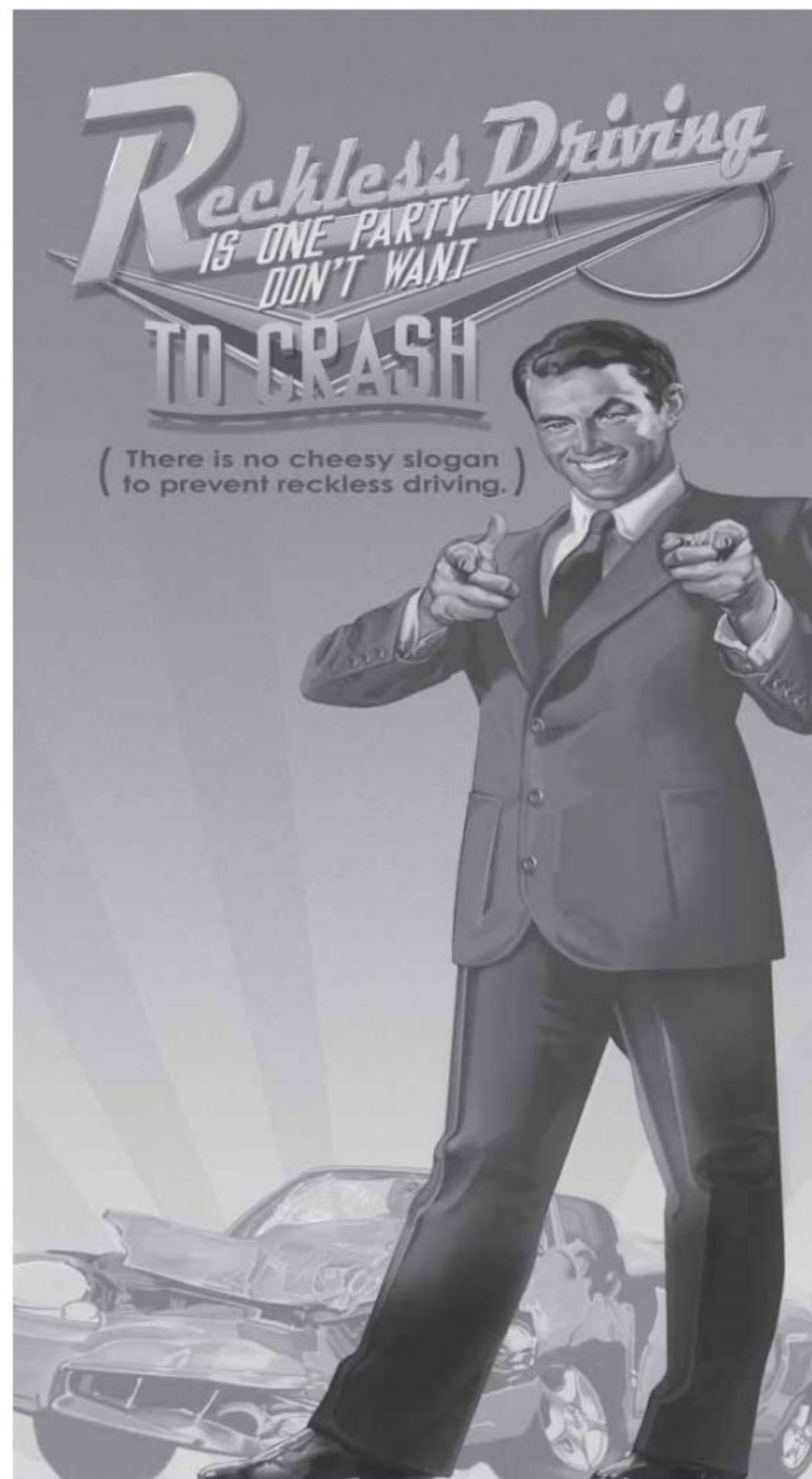
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There is no spokesperson with a catchy phrase to remind the driver to slow down, stop eating, quit messing with the radio or pay attention to the road.
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URtheSpokesperson.com

Want to fight cancer with your fork? Now, there's a new Android app for that



Dana-Farber Cancer Institute announced that its popular, free nutrition app, *Ask the Nutritionist: Recipes for Fighting Cancer*, is now available for the

Android platform, in addition to the iPhone and other Apple devices. The easy-to-use nutrition app provides recipes and nutrition information that can be searched by cancer patients in accordance with their needs. The recipes are also helpful to anyone who wants to have a healthy diet.

The nutrition app contains more than a hundred easy-to-prepare recipes, ranging from nutritious snacks to good-for-you main dishes to delicious desserts. Users can access a list of ingredients, directions on how to prepare the dish, a shopping list to use at the grocery store, nutrition tips, and nutritional analysis information in a standard USDA label format. New recipes are added each month.

"We developed *Ask the Nutritionist: Recipes for Fighting Cancer* to encourage and empower cancer patients, and others, to explore and enjoy healthy eating habits," said Steven R. Singer, senior vice president for Communications at Dana-Farber. "Studies have long shown that good nutrition is tied to good health, and, for those with cancer, treatment side effects can make eating well a real challenge."

- In addition to developing the Android version, Dana-Farber has made upgrades to the app to bring easy to operate functionality to users. There is a new search function that allows for faster and more intuitive searching of frequently asked questions, and other topics answered by Dana-Farber nutritionists in the "Ask the Nutritionists" section. Another new feature highlights search terms for easier retrieval of nutrition information.

"Nutrition information is one of the most popular sections of the Dana-Farber website, and we wanted to share the expertise of our terrific nutritionists with a wider, mobile audience," Singer said. "Making it available on the Android platform will allow wider access to this valuable and useful information."

The app, developed with Dana-Farber's staff of registered and board-certified dietitians, is designed to help find the optimal diet for any type of cancer. The app curates many of the

frequent questions and responses to Dana-Farber's nutrition staff, and allows users to ask a direct question. It also offers users the ability to search by common symptoms (such as nausea or mouth sores), helping to customize dietary needs while going through treatment. There also are recipes and healthy eating tips for cancer survivors.

"Eating a well-balanced diet is one of the best ways to lower the risk of cancer," said Stacy Kennedy, MPH, RD, CSO, LDN, a nutritionist at Dana-Farber. "Our hope is that this app will not only be a useful tool for cancer patients and their families but will also make choosing the healthiest foods easier and more fun for everyone."

Some unique features of *Ask the Nutritionist* include:

- On-the-go access to over a hundred healthy recipes with an evidence-based approach.
- Nutrition tips and information on cancer-fighting nutrients.
- Innovative option to search by symptom management.



- Specialized diet section for those who require foods that are gluten-free, are high-fiber or provide immune support, etc.
- The ability to create a shopping list to take to the grocery store and never forget a key ingredient.
- A searchable "ask the nutritionist" function. Dana-Farber's nutrition department will respond to questions from the app's users.
- An extensive searchable database of frequently asked questions (FAQs) and archived questions and responses about nutrition.

The app is now available for all Android users with OS version 4 or higher as well as Apple iPhone® users with iOS 5 or higher. It is free and can be downloaded by going to the Google Play store or the Apple iTunes® store.

Ask The Nutritionist: Recipes for Fighting Cancer was designed and developed in partnership with iFactory, a Boston-based interactive agency.

More information about nutrition and cancer can be found on Dana-Farber's www.dana-farber.org/nutrition.

Dana-Farber Cancer Institute (www.dana-farber.org) is a principal teaching affiliate of the Harvard Medical School and is among the leading cancer research and care centers in the United States. It is a founding member of the Dana-Farber/Harvard Cancer Center (DF/HCC), designated a comprehensive cancer center by the National Cancer Institute.

Dana-Farber's

September 2013

Site

Thursday 5	The Dimock Center
Wednesday 11	Joseph Smith Community Health Center – Allston
Thursday 12	Longwood Medical Area – Boston Children's Hospital
Saturday 14	Harvard Street Neighborhood Health Center
Tuesday 17	Bowdoin Street Health Center
Wednesday 18	The Dimock Center
Thursday 19	Brookside Community Health Center
Saturday 21	Eagle Heights Church – Revere, MA
Tuesday 24	Whittier Street Health Center
Wednesday 25	Joseph Smith Community Health Center – Waltham
Thursday 26	South End Community Health Center
Saturday 28	Family Life Fellowship

October 2013

Site

Tuesday 8	Bowdoin Street Health Center
Wednesday 9	Joseph Smith Community Health Center – Allston
Tuesday 15	Whittier Street Health Center
Wednesday 16	Manet Community Health Center – Hull
Thursday 17	The Dimock Center
Wednesday 23	Joseph Smith Community Health Center – Waltham
Thursday 24	Natick – Cole Center
Tuesday 29	Bowdoin Street Health Center
Thursday 31	Neponset Health Center

Mammography Van

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SPORTS

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The numbers don't lie, Tebow has been brutal

Practice makes pathetic

The worst preseason games by Pats QBs in the Brady era:

- Tim Tebow vs. Bucs: 1-for-7, minus-1 yard, one interception.
- Kevin O'Connell vs. Redskins in 2009: 3-for-10, 18 yards, two interceptions.
- Matt Cassel vs. Titans in 2007: 6-for-12, 56 yards, two interceptions.
- Rohan Davey vs. Redskins in 2003: 1-for-6, minus-3 yards.
- Damon Huard vs. Eagles in 2003: 4-for-8, 59 yards, two interceptions.

NFL. Among Tom Brady's numerous backups, Tim Tebow has thus far been the worst of the worst.

Based on aesthetics alone, one would be hard-pressed to find a backup quarterback that has fared worse in a preseason than Tim Tebow has in 2013 for the Patriots. Numerous balls thrown by Tebow kicked up grass in Philly and rubber pellets in Foxboro over the past two weeks to make for an ultragly start in a Pats uniform for the former Heisman Trophy winner.

Yes, Tebow still has time to turn things around, but there is little evidence to suggest he'll find a groove. No. 5 went 4-for-12 passing in the first preseason game against the Eagles. He followed that with a horrid 1-for-7 for minus-1 yards and an interception against Tampa.

Metro pored over the statistics of every Tom Brady backup quarterback in the preseason since 2002 to ultimately find that Tebow, thus far, has the worst numbers of all Brady lackeys. The following players have taken snaps for the Pats in the preseason since Brady took the helm from Drew Bledsoe: Ryan Mallett, Brian Hoyer, Zac Robinson, Andrew Walter, Kevin O'Connell, Matt Gutierrez, Matt Cassel, Vinny Testaverde, Corey Bramlet, Rohan Davey,



Tim Tebow has struggled through the air in his two preseason games as a Pats quarterback. / GETTY IMAGES

Doug Flutie, Kliff Kingsbury and Damon Huard. None struggled as much as Tebow, unless you want to count the one appearance by Bramlet, who threw just one ball for an incompletion against the Giants in the final preseason game of 2006.

In 2011, Mallett and Hoyer combined to throw just one interception in 105 attempts. In fact, Hoyer threw just two total interceptions in the four preseasons he served as a Brady backup (190 attempts).

Cassel, the most notable of

Brady's backups, had his bad outings in the preseason. He had a 6-for-12 clunker of a day for 56 yards, zero touchdowns and a pair of interceptions against the Titans in 2007. But in the fourth preseason game that year, Cassel hit on 10-of-14 passes for 99 yards and did not throw a pick.

An example of an "average" Brady backup is former LSU stud Rohan Davey. Davey stuck around for nearly four full preseasons with the Pats and posted 787 yards through the air, completing 65-of-139 of

his passes while throwing five touchdowns and six interceptions in 12 games. Here's a rundown of Davey's performances in the 2003 preseason: 5-for-8, 104 yards, one touchdown, zero interceptions; 1-for-6, minus-3 yards, zero touchdowns, zero interceptions; 1-for-4, four yards, zero touchdowns, zero interceptions; and 13-for-24, 201 yards, one touchdown, zero interceptions. In other words, Davey followed up two rough outings with an impressive game against the Bears in that preseason (a 38-23 Pats win).

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